

New Year's Resolutions



This week...

Monica and Wakana are discussing their New Year's resolutions.

Lesson Targets

- Deciding on New Year's resolutions
- Talking about past resolutions

Daily English Conversation

Super Class

Warm Up – Topic Question



Have you made any New Year's resolutions for this year?

Picture Description

What are
they
studying?



A



B



C





* Choose the most appropriate meaning of the word from the four options.

1. volunteer

- ☐ hindrance
- ☐ aid
- ☐ snag
- ☐ hamper

2. resolution

- ☐ idleness
- ☐ deferral
- ☐ decision
- ☐ apathy

3. slim

- ☐ chubby
- ☐ firm
- ☐ plump
- ☐ slender

4. healthy

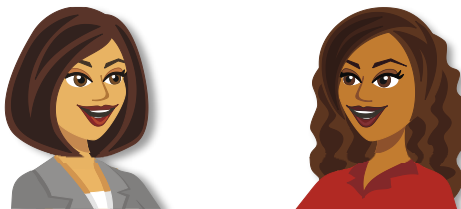
- ☐ delicate
- ☐ robust
- ☐ tender
- ☐ feeble

5. overweight

- ☐ lanky
- ☐ wispy
- ☐ pudgy
- ☐ gaunt

6. exercise

- ☐ exertion
- ☐ inertia
- ☐ stagnation
- ☐ moody



Wakana	Monica, have you made any New Year's resolutions yet?
Monica	I was so busy last year that I didn't get a chance to do any volunteer work, so this year I plan on doing as much as I can.
Wakana	That is a very nice resolution.
Monica	How about you, Wakana? Have you thought of any resolutions for this year?
Wakana	I want to get into shape . Since I have been married , I stopped exercising.
Monica	You already look very slim and healthy . Is that your only New Year's resolution?
Wakana	No. There is one more. I want to have a baby this year.
Monica	Does James know about that one?
Wakana	Not yet.



Role Play – New Year's Resolutions



Student A and Student B are talking about their New Year's resolutions.

Key Phrases

- Have you made any New Year's resolutions yet?
- That is a nice resolution.
- I want to
- This year I plan on
- How about you? Have you thought of any resolutions for this year?
- Is that your only one?
- *Other*

New Year's Resolutions

- go on a diet
- go to the gym
- study a new language
- find a new job
- be more happy
- quit drinking
- find love
- do volunteer work
- *other*



- ☐ Did you make any New Year's resolutions last year?
- ☐ What are some good ways to stick to resolutions?
- ☐ What do you think would be the hardest New Year's resolution to keep?



New Year's resolutions are too hard to keep.

A

Agree

B

Disagree



American Slang

- **moolah** – money
I plan to save a lot of **moolah** this year.
- **happy camper** – someone who is content
I'll be a **happy camper** if I can lose a few pounds.



Australian Slang

- **good onya** – good for you; well done
Good onya for sticking to your New Year's resolutions last year.
- **tall poppy** – a clearly successful person
My New Year's resolution is to work harder and become a **tall poppy**.



British Slang

- **tickety-boo** – when something is going smoothly or proceeding quickly
My New Year's resolution is **tickety-boo** so far.
- **plastered** – extremely drunk
I plan to stop getting **plastered** every weekend.



Scott



Tina

At the Airport

Tens of millions of people use airports every day. For many people, airports are a regular part of life, a frequent part of the weekly commute. For others, they're the gateway to paradise! Some are filled with emotion, bidding farewell to friends and relatives. Next week, Scott has to return to Australia and Tina is seeing him off at the airport.