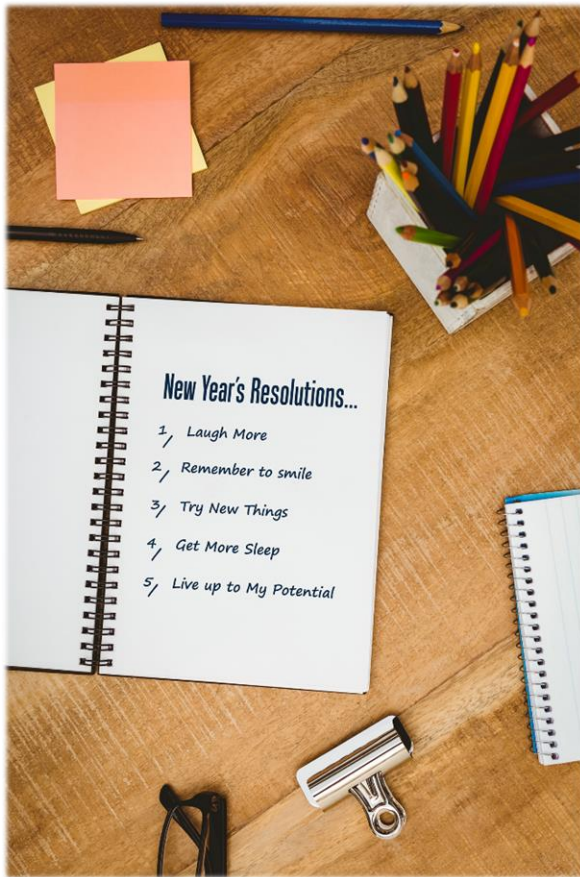


New Year's Resolutions



This week...

Monica and Wakana are discussing their New Year's resolutions.

Lesson Targets

- Deciding on New Year's resolutions
- Talking about past resolutions

Daily English Conversation

Advanced Class

Warm Up – Topic Question



Have you made any New Year's resolutions for this year?

Picture Description

What are they studying?



A



B

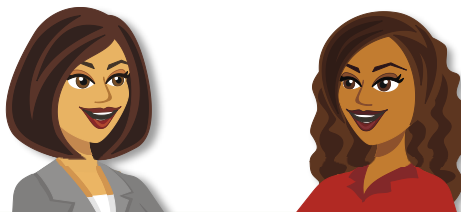


What is their New Year's resolution?

C



What do they want to eat?



Wakana	Monica, have you made any New Year's resolutions yet?
Monica	Last year I didn't get a chance to do any volunteer work, so this year I plan on doing as much as I can.
Wakana	That is a very nice resolution.
Monica	How about you, Wakana? Have you thought of any resolutions for this year?
Wakana	I want to get into shape.
Monica	You already look very slim and healthy. Is that your only New Year's resolution?
Wakana	No. There is one more. I want to have a baby this year.
Monica	Does James know about that one?
Wakana	Not yet.



Have you thought of
any ways to get into
shape?

1. Last year I didn't get a chance to
2. This year I plan on
3. Have you thought of any?
4. I want to this year.



Role Play – New Year's Resolutions

Student A and Student B are talking about their New Year's resolutions.



A: Have you made any New Year's resolutions yet?

B: Yes. This year **New Year's Resolutions**.

Key Phrases

- That is a nice resolution.
- How about you? Have you thought of any resolutions for this year?
- I also want to
- This year I plan on
- Do you have any other resolutions?
- *Other*

New Year's Resolutions

- go on a diet
- go to the gym
- study a new language
- find a new job
- be more happy
- quit drinking
- find love
- do volunteer work
- *other*

* Choose a topic below and tell a short story that is either true or not true. The other students in the class and the teacher ask one question each about the story. Then they guess whether your story is true or false.



1. I never make New Year's resolutions.
2. I usually manage to stick to my resolutions.
3. I had success sticking to last year's resolution.

1. On average, how many people achieve their resolution?

- A:** 8%
- B:** 20%
- C:** 3.5%
- D:** 55%

2. Romans used to offer resolutions to which god?

- A:** Zeus
- B:** Hercules
- C:** Jupiter
- D:** Janus

3. Which is the most common resolution?

- A:** lose weight
- B:** exercise more
- C:** drink less alcohol
- D:** read more

4. On average, how many Americans make resolutions?

- A:** 10%
- B:** 45%
- C:** 75%
- D:** 98%



- ☐ Did you make any New Year's resolutions last year?
- ☐ What are some good ways to stick to resolutions?
- ☐ What do you think would be the hardest New Year's resolution to keep?

- achieve - You can **achieve** anything if you try!
- healthy - I want to get more **healthy** this year.
- keep - It is really hard to **keep** New Year's resolutions.
- quit - I was able to **quit** smoking last year.
- slim - I want to become more **slim** around my waist.
- stick - I am determined to **stick** to my New Year's resolution.
- volunteer - I am going to do a lot of **volunteer** work this year.



Scott



Tina

At the Airport

Tens of millions of people use airports every day. For many people, airports are a regular part of life, a frequent part of the weekly commute. For others, they're the gateway to paradise! Some are filled with emotion, bidding farewell to friends and relatives. Next week, Scott has to return to Australia and Tina is seeing him off at the airport.